

ST. BERNARD'S YOUTH GROUP



EDGE

PRESENTS



A CATHOLIC MIDDLE SCHOOL RETREAT

FOR ANY QUESTIONS PLEASE CONTACT

Letty Gomez—Youth Minister  
lettygomez@st-bernards.org

Drop off will be at 5PM on 12/1

Pick up will be at 3PM on 12/2

Church Hall—163 Eaton Avenue

THIS IS AN OVERNIGHT RETREAT

↑ KEEP THIS PORTION FOR YOUR INFORMATION ↓

DEC. 1st - DEC 2nd

Fr. Fleming Hall

163 W. Eaton Avenue, Tracy CA 95376

\$35 Per person

all checks payable to St. Bernard's Church

Drop off will be at 5PM on 12/1

Pick up will be at 3PM on 12/2

this is an overnight retreat

Youth Name: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Emergency Name and number 1: \_\_\_\_\_

Emergency Name and number 2: \_\_\_\_\_

Email: \_\_\_\_\_

Payment: Cash \_\_\_\_\_ Check # \_\_\_\_\_

I give my child \_\_\_\_\_

permission to attend this overnight retreat.

Youth t-shirt size S M L XL

(all sizes are adult sizes)

Parent Signature: \_\_\_\_\_

## What to Bring:

Each participant should bring the following:

Bedding or Sleeping Bag & Pillow and other Personal Items

Toothbrush/Toothpaste, Comb/Brush (personal toiletries), there will be no showers available.

Change of clothes

**Water bottle to reuse throughout the day**

## Additional Suggested Personal Items

Comfortable shoes

Light Jacket and/or layer clothing for night

Girls: to ensure comfort and ease of movement during "icebreaker" activities, or during times when groups might sit on the floor, we recommend that girls wear pants, shorts or other appropriate attire (rather than skirts)

## As Necessary

Medications (if a participant needs any kind of medication, please let the youth minister know as soon as possible to make necessary arrangements)

## Sleep Assignments

The room will be divided in a boy/girl sections for shut eye time. **Chaperones are responsible for maintaining all Safe Environment procedures for the participants. No young people are allowed in the opposite gender area without proper supervision from the leaders.** No co-ed activity is allowed in sleeping areas. There is plenty of community space available for gathering.

**Parents please bring the following snacks to for about 40 people if your last name starts with:**

**A – J please bring assorted cookie bags**

**K – S please bring fruit snacks**

**T – Z please bring chips**

**We will be collecting cell phones during the main talks, please abstain from contacting your child throughout the lock-in to help them have a full experience. In case of an emergency you may contact the following CORE members:**

*Letty (510) 387-2448 or Bernadette (925) 518-5324*



## MEDICAL AND LIABILITY INFORMATION

**-to be returned to event coordinator-**

### Specific Medical Information / Conditions

■ Allergic reactions (to medications, foods, plants, insects, etc) or medically-prescribed dietary restrictions? YES (describe) \_\_\_\_\_ NO \_\_\_\_

■ Physical limitations? YES (describe) \_\_\_\_\_ NO \_\_\_\_

■ Any other special medical issues to be aware of?  
\_\_\_\_\_

|                    |                  |
|--------------------|------------------|
| Doctor's Plan Name | Policy Number    |
| Doctor's name      | Doctor's number  |
| Dental Plan Name   | Policy Number    |
| Dentist's Name     | Dentist's Number |

### PHOTOGRAPH AND VIDEO CONSENT

■ During our youth events we take pictures of the day. We like to be able to use these photographs and videos for flyers, parish and diocesan publications, and the ministry website. To do this, we need both the students' and the parents' consent. We will not use the last names of any individual whose photos or videos are posted. If there are concerns about pictures or videos posted on the website, please contact the youth ministry coordinator, and they will promptly be removed.

■ I/We, that parent (s) of this youth (name) \_\_\_\_\_, authorize and give full consent, without limitation or reservation, to \_\_St. Bernard's Parish \_\_, to publish any photographs or videos in which the above named student and/or pictures or videos of his/her parents or grand parent (s) appears while participating in any program with St. Bernard's Youth ministry. There will be no compensation for use of any photographs at the time of publication or in the future.

■ Parent Signature: \_\_\_\_\_

■ Date: \_\_\_\_\_